



## Session 2 **Jesus the Healer In Us** *Source of Hope, Joy, & Peace.*

John Connelly Study Notes Our Lady of Pentecost Institute 2021

 **Pray** with Ephesians 3:17-21, John 7: 37-38.

Be aware of the Inner Lamp of Love burning in us.

Meditate on Jesus & His Healing Spirit flowing in our heart now.

### **Mark 5:25-34 Jesus the Healer...**

**25** A woman who had had a hemorrhage for twelve years,

**26** and had endured much at the hands of many physicians, and had spent all that she had and was not

helped at all, but instead had become worse— **27** after hearing about Jesus, she came up in the crowd behind

*Him* and touched His cloak. **28** For she had been saying *to herself*,

“If I just touch His garments, I will get well.” **29** And immediately the flow of her blood was dried up; and she felt in her body that she was healed of her disease. **30** And immediately Jesus, perceiving in Himself that power from Him had gone out, turned around in the crowd and said, “Who touched My

garments?” **31** And His disciples said to Him, “You see the crowd pressing in on You, and You say, ‘Who touched Me?’” **32** And He looked around to see the woman who had done this. **33** But the woman, fearing and trembling, aware of

what had happened to her, came and fell down before Him and told Him the whole truth. **34** And He said to her, “Daughter, your faith has made you well; go in

peace and be cured of your disease.”

When we pray **Come Lord Jesus** we are welcoming Jesus the Healer into our lives, relationships, and all the circumstances we encounter. The Healing Presence of Jesus & His Spirit are with us, in us, here and now.

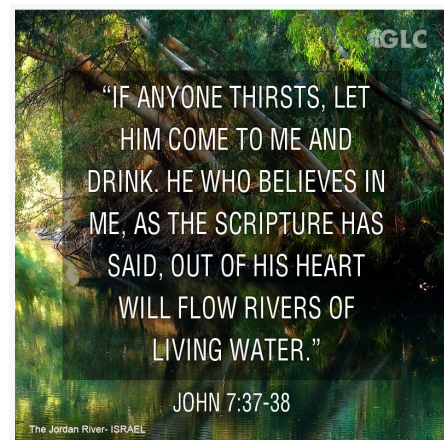
*Jesus is the same yesterday, today, & forever. -Hebrews 13:8*

### **The Secret of Holiness & Wholeness:**

The secret according to St. Maximilian Kolbe is **w + W = Holiness.**

Our **will** when joined with the all powerful, all loving **Will** of God makes all things possible. We release in faith the Healing Love of Jesus & align

our inner being with the Divine Will. **We Let Go to the Will of God & let the Spirit of Jesus flow in us.**



## Jesus the Healer In Us!

*A Simple Way to Let His Healing Work In Us Now.*

 *Take some time with this Preparatory Prayer:*

**Come Lord Jesus,**

with every breath,

I fully accept your Healing Spirit of Love  
flowing through my heart now.

*(Drop down into the Heart. Jesus is present. Let Go. Let His Spirit flow.)*



**1. Ask the Lord bring a person, or difficult memory to mind.**  
*(Welcoming Jesus to guide us now...inviting His Power & Healing in this situation.)*

**2. I Feel...***(allowing myself to feel the emotion of the memory etc.)*

**3. I Forgive...***(letting go to His Spirit of forgiveness flowing through my will.)*

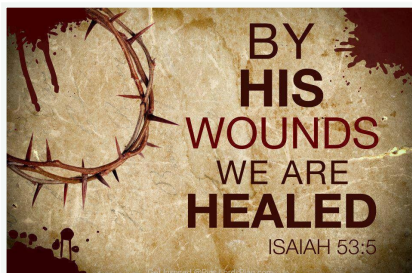
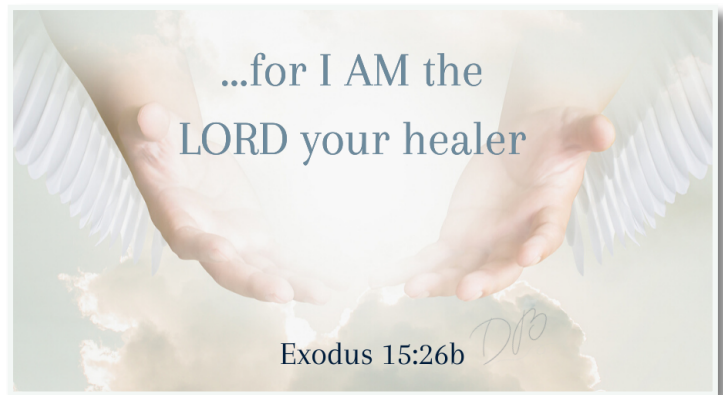
**4. I Release all...***(letting go all attachments, fear, memories, resentments etc.)*

**5. I let healing flow ...***(letting go to the Healer & His Spirit in me now.*

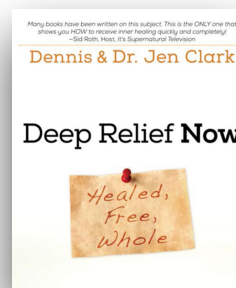
*Let healing, forgiveness, mercy flow freely through my heart to all.)*

*This is a choice. An inner walk of faith. It is placing our **will** in the Divine **Will** now.  
Rest. Let Jesus do the work in you & through you. Pray for yourself, for others, for all.*

*His Presence is here.  
His Healing is here.  
His Grace is here.  
His Mercy is here.  
I calmly accept & surrender all.  
Again & Again.*



**A resource  
on healing...**



***Lord, fill my heart with eternal life. -St Isaac the Syrian***